

KORA Organics Blog Article

Amethyst – my first love.

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The very first stone that I purchased was a piece of amethyst geode. I'd saved my pocket money and returned to the Sunday market stall in Coffs Harbour, to purchase my prize. Over three decades later, I still have that beautiful specimen.

Amethyst is purple variety of quartz and has been admired for its beauty for thousands of years.

It is linked to Greek mythology involving Dionysus, found as examples of Roman craftsmanship and can be traced back to Ancient Egypt.

Amethyst is most often used in jewellery. I also find it is an excellent material to use for crafting massage stones. Apart from the bonus of how stunning the worked stone looks, it also is very highly regarded for its thermal properties, which is so very important for a professional massage stone.

Cutting and polishing amethyst is very labour intensive and is not an easy task. The glass like structure of quartz dictates that it be worked carefully and with respect. Too much heat generated by friction can crack the material, and the heavy diamond coated saws required for initial shaping may cause unwanted chipping. I have noted that once the stones are past the breaking down stages, and progress to the finer polishing steps, that surface tension of amethyst is resolved and the stones regain its natural stability once more. This means that the stone once again is sturdy, beautiful and functional for its purpose.



Amethyst is beautiful when used in facial or body massage. Therapists enjoy the energetic and esoteric aspects of working with this crystal. It is the height of luxury to experience facial massage with cool amethyst and rose quartz crystals, deftly wielded by a dedicated practitioner. Equally, when used heated on the body, the therapy can be transforming.

Chakra crystal sets are also a place where you will often find amethyst. As a crystal it is representative of throat to crown chakras, and as such it is always highly prized.

Amethyst was the catalyst that began my lifelong passion for nature's expressions of beauty.

From that sunny afternoon at the community markets in the early 1970's, then decades later, to the many months spent sourcing mines that could provide large enough amethyst pieces for my specific crafting needs, through to the present day, when I have sculpted massage stones that are unique and they have found homes with dynamic and dedicated therapists.

I can only hope that some of my Amethyst can kindle a similar passion for the bounty and beauty that surrounds us, and appreciation of the magnificence of Nature herself. For me, Amethyst will represent a little of the treasure that we all possess.

